

North Dakota Parks & Recreation Department

NEWS RELEASE

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For more information, contact Fort Abraham Lincoln State Park, 701-667-6340

First Day Hike at Fort Abraham Lincoln State Park

For the third straight year Fort Abraham Lincoln State Park is kicking off the New Year with a one-mile guided hike starting at 1 p.m.

Park Manager Dan Schelske will lead hikers through the park on the one mile trek. Hikers will get a view of the park quite unlike any other time of year, resplendent in winter's frigid beauty. Visits will be made to the campground, Sunken Gardens, On-A-Slant Indian Village and Visitor Center. Participants are to meet at the Visitor Center at 1 p.m. The hike is of moderate difficulty and participants should bring warm clothes suitable for North Dakota outdoors.

America's State Parks is promoting First Day Hikes which are being held across the country providing state park visitors an opportunity to explore the unique natural and cultural treasures that can be found close to home.

First Day Hikes originated over 20 years ago at the Blue Hills Reservation, a state park in Milton, Massachusetts. The New Year's Day program was launched to promote both healthy lifestyles throughout the year and year round recreation at state parks. Last year was the first time that all 50 state park systems joined together to sponsor First Day Hikes.

For more information call Fort Abraham Lincoln State Park at (701) 667-6340 or visit its website at www.parkrec.nd.gov. More information on First Days Hikes throughout the nation can be found at www.americasstateparks.org/first-day-hikes.